



CASCADE COUNSELING AND WELLNESS

We Are a Teaching Clinic

Cascade Counseling and Wellness is a **teaching clinic**. This means that learning, professional development, clinical supervision, and collaboration are integrated into the care we provide.

As part of this model, **student interns, newly hired therapists, clinical supervisors, and other appropriately qualified members of our clinical team may participate in or observe therapy sessions from time to time.**

This is similar to the teaching model used in hospitals and other healthcare settings, where medical students, nursing students, residents, fellows, and other healthcare professionals participate in patient care under appropriate supervision.

Participation by a learner or supervisor may occur for purposes including:

- Observing clinical practice and developing professional skills
- Receiving clinical supervision, feedback, or consultation
- Supporting the therapist in providing effective care
- Learning about specific therapeutic approaches or interventions
- Participating in collaborative treatment planning
- Supporting continuity and quality of care
- Developing the knowledge and skills necessary to become an effective mental health professional

When another team member participates in your session, your therapist will identify the person and their role and explain their involvement.

Your Consent and Right to Decline

You understand that **participation by student interns, new therapists, supervisors, or other clinical team members is an expected part of receiving services at a teaching clinic.**

You understand that another appropriately qualified team member may occasionally observe or participate in your session as part of clinical education, supervision, consultation, or collaborative care. You may decline the participation of a particular learner, therapist, supervisor, or other team member in a specific session. You may also communicate concerns or ask questions about another person's participation at any time.

Your decision to decline participation by a learner or other team member **will not be used as a reason to deny you services or negatively affect the quality of your care.**